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A Heartfelt Valentine's Day Flower Arrangement

A local florist shares a lovely little DIY

By Jourdan Fairchild

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1 / 11

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WORK OF HEART

She knows your deepest, darkest **secrets** — and yet your best bud/mom/special lady still adores you. Remind her of your sweet side with this DIY bouquet from florist Kelly Marie Thompson of **Fleur**. Though you'll need to swing by the craft store and the florist (or grocery store in a pinch), putting it together is simple.

Credits: Stephanie Bassos for DailyCandy

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STEP 1

Line the heart-shaped box with plastic wrap to protect it from water stains.

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STEP 2

Rest the floral foam atop the box. Using the knife, carefully cut the foam so that it fits inside the box (don't worry about cutting it perfectly).

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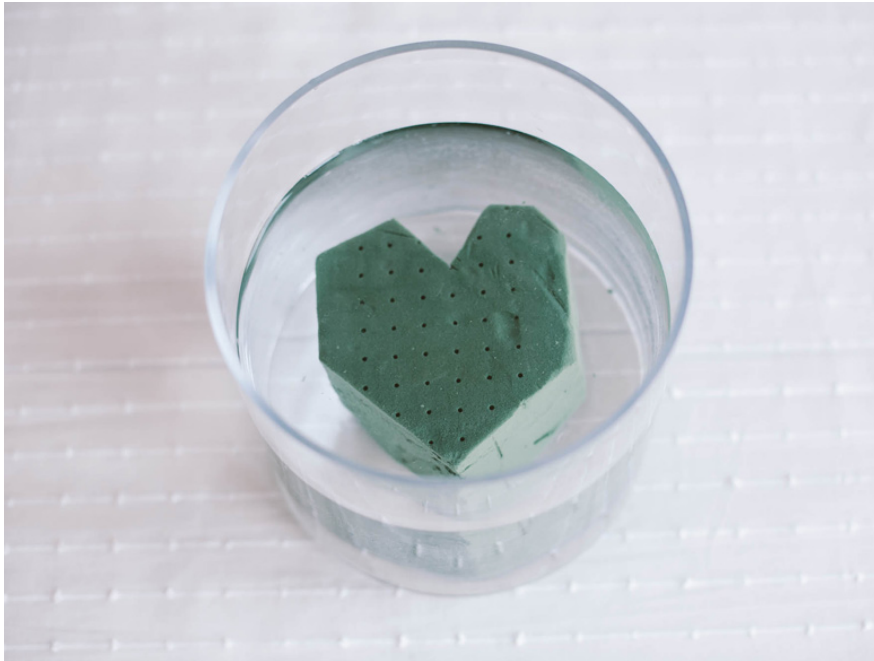
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STEP 3

Place the foam on top of a container filled with water. Let it sink to the bottom (if you push it down, air pockets may form, which prevents it from fully soaking). Remove the foam once it has soaked through evenly.

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STEP 4

Place the foam back inside the box; then use the knife to slice off the top so it sits flush with the box.

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STEP 5

Start with a large flower, like a Patience garden rose, and use pruners or sharp scissors to cut the flower's stem (leaving a half inch to an inch). Insert the flower into the foam at the heart's bottom point. (Florist's tip: Gently open the petals to make flowers look fuller.)

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STEP 6

Repeat with two more flowers, placing them in the heart's top curves.

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STEP 7

Cut smaller flowers — we used astrantia — to a similar length, and place them in the foam to fill in the heart. Slightly vary how deep each stem goes to add dimension.

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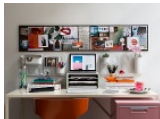
STEP 8

Cut a medium-size flower, like lace scabiosa, and add it to one side of the heart; do the same on the opposite side. Add one more variety, like ranunculus, to the center.

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